



AV OPEN 2019
SPONSORED BY CANTILEIVER CREATIONS

COMPETITION INFORMATION

VENUE & DATES

VENUE: Amber Valley Gymnastics Academy, Unit 3 Asher Lane
Hammersmith, Ripley, Derbyshire DE5 3SW

COMPETITION DATES: 20th-22nd September 2019-06-01

ENTRY CLOSING DATE: 16TH August 2019

ORGANISER: Jenny Clay

Jennyclay.av@outlook.com

COMPETITION SECTIONS

- LEVEL 7:** 6 Years (2013)
7 Years (2012)
- LEVEL 6:** 7 Years (2012)
8 Years (2011)
- LEVEL 5:** 8 Years (2011)
9/10 Years (2010,2009)
11+ (2008+)
- LEVEL 4:** 9 Years (2010)
10/11 Years (2009,2008)
12+ (2007+)
- LEVEL 3:** 10 Years (2009)
11/12 Years (2008,2007)
13+ (2006+)
- LEVEL 2:** 11 Years (2008)
12/13 Years (2007,2006)
14+ (2005+)
- FIG:** 12/13 Years (2007,2006),
14/15 Years (2005,2004),
16+ Years (2003+)

DISABILITY: Age categories to be confirmed.



COMPETITION CRITERIA:

- Level 7 and 6 In and Out of Age will follow the East Midlands Criteria (Please find attached)
- Level 5 both in and out of Age will follow the East Midlands in age criteria (Please find attached)
- ALL In-Age Levels 4,3 and 2 will follow the National Age Group Rules. (Changes made prior to the event will apply)
- All Out of Age levels will follow the East Midlands Criteria (Please find attached)
- Unless 2 vaults are required by the criteria only 1 vault will be competed
- Disability will follow British Gymnastics WAG and MAG Competition B rules

ORDER OF ROTATION

The draw will be included with your competition programme, which will be published prior to the competition weekend. Where possible gymnasts from the same club will be grouped together. The timings cannot be confirmed until the deadline has passed and numbers confirmed.

JUDGE PROVISION

Clubs must supply a minimum of one judge per 10 gymnasts entered, qualified to an appropriate level (club or above). Failure to supply a judge will incur a £50 charge.

All judges will be provided with food and refreshments for the day.

AWARDS

- Medals will be awarded to 1st, 2nd & 3rd on each piece of apparatus and all around.
- Ribbons will be awarded to 4th, 5th & 6th on each piece of apparatus and all around.
- A £20 voucher for Cantileiver Creations will be given to the overall Winner of each Level.
- A £500 voucher for Cantileiver Creations will be awarded to the club with the highest accumulated score across all levels. (Clubs must have gymnasts in each level to qualify for this award)
- The Cantileiver Cup will be awarded to the highest scoring gymnast of the weekend.

COMPETITION ENTRY

- ENTRY FEE: £25 Per Gymnast
- Entry fee includes an AV Open T-shirt
- Gymnasts are to create their own numbers and bring on the day - Theme Heroes VS Villains
- Gymnasts and coaches must be current members of British Gymnastics

SPECTATOR TICKETS

ADULT: £5

CHILDREN (under 16) & CONCESSION (65+): £3

FAMILY TICKET (2 ADULTS & 2 CHILDREN): £15

HOW ENTER & PAY

Please fill in all fields on the attached entry form and return to AVG:

Jennyclay.av@outlook.com

Or post to:

Unit 3 Asher Lane,
Hammersmith
Ripley
Derbyshire
DE5 3SW

Cheques made payable to:
Amber Valley Gymnastics Club

BACS Payment:
Bank: HSBC
Sort Code: 40-38-22
Account Number: 21155512
Reference: Club Name & 'AV Open'

